

Sandwiches and Baguettes

All served on granary or white bread with a salad garnish
(Freshly baked baguettes also available at 30 pence extra)

		T/A
Honey Roast Ham	£4.50	£3.30
Mozzarella, Tomato, Olive Oil and Oregano	£4.50	£3.30
Brie and Cranberry sauce	£4.50	£3.30
Mature Cheddar Cheese	£4.50	£3.30
Bacon	£4.50	£3.30
Sausage	£4.50	£3.30
B.L.T.	£4.50	£3.30
Tuna Mayo and Sweetcorn	£4.50	£3.30
Chicken Breast, Lettuce and Mayonnaise	£4.50	£3.30
Chicken Tikka	£4.50	£3.30
Scotch Smoked Salmon	£4.80	£3.50
Smoked Salmon and Cream Cheese	£5.00	£3.80
Prawn Marie Rose	£4.80	£3.50
Prawns, Avocado and Mayonnaise	£5.00	£3.80
Chicken, Crispy Bacon, Lettuce and Mayonnaise	£4.80	£3.50
Sweet Peppers, Avocado and Dijon Mayonnaise	£4.80	£3.50
Chicken, Avocado and Mayonnaise	£4.80	£3.50
The Triple Decker Club Sandwich	£5.95	£4.50
Houmous and Feta with cheese and rocket	£5.00	£3.80

Hot Ciabattas

Served with salad garnish and potato crisps

		T/A
The Italian	£5.95	£3.95
Parma ham, mozzarella, tomato and fresh basil		
The Tricolore	£5.95	£3.95
Mozzarella, avocado, tomato, oregano and olive oil		
The Saffron Club	£5.95	£3.95
Chicken breast, Ham and cheddar cheese		
The Tuna Melt	£5.95	£3.95
Tuna, red onions and cheddar cheese		
The Popular	£5.95	£3.95
Crispy bacon, brie, avocado, olive oil and oregano		

Panini

Served with salad garnish and potato crisps

		T/A
Il Pollo	£5.95	£3.95
Chicken, tomato, emmental cheese and basil pesto		
The Parma	£5.95	£3.95
Parma ham, mozzarella, olive oil and oregano		
Il Vegeteriano	£5.95	£3.95
Grilled peppers, goats cheese and basil pesto		
The Authentic	£5.95	£3.95
Mozzarella, tomato, olive oil and oregano		
The B and B	£5.95	£3.95
Bacon, brie, and basil pesto		
Le Grec	£5.95	£3.95
Feta cheese, tomatoes, avocado and fresh basil with olive oil and oregano		

Burgers

Classic Burger	£7.95
A homemade 5oz 100% beef burger served in a bun with salad, harissa mayo and fries	
Double Cheese Burger	£9.95
Double 5oz 100% beef burger topped with cheese, served in a bun with salad harissa mayo and fries	
Cajun Chicken Burger	£8.50
Grilled chicken breast fillet with melted mozzarella cheese, lettuce, tomatoes and garlic mayonnaise in a toasted bun. Served with French fries	
Veggie Burger	£7.95
Homemade falafels served in a bun with harissa mayonnaise and salad with French fries	
Extra toppings:	£1.00
Bacon, Cheese, Avocado	

Hot Dishes

Ham and Cheese Omelette	£6.95
Served with fries and salad	
Spinach and Cheese Omelette	£6.95
Served with fries and salad	
Fried Scampi	£7.50
Breaded scampi tails served with fries and salad	
Grilled Chicken	£8.95
Grilled breast of chicken, covered with ham and melted cheese, served with fries and salad garnish	
Piri Piri Chicken	£8.95
Grilled marinated tender strips of chicken breast, served with fries and salad	
Chicken Shawarma	£8.95
Grilled Chicken marinated in Lebanese spices, topped with mint-yogurt, served with Moroccan salad and fries	

Pasta

Select from: Spaghetti or Penne

Napoli	£7.95
The classic tomato sauce and basil	
Bolognese	£8.95
Mince beef and tomato sauce	
Chilli Con Carne	£8.95
Hot spicy ground beef served with rice	
Penne Della Casa	£8.95
Strips of bacon and mushrooms in a cream and parmesan cheese sauce	

Salads

Salade Niçoise	£9.95
Tuna, Tomatoes, boiled egg, olives and anchovies on a bed of green salad with French dressing	
Warm Salad	£9.95
Pan fried pieces of chicken, served with tomatoes and basil on a bed of mixed leaves, dressed with extra virgin olive oil	
Salade de chèvre chaud	£9.95
Warm goats cheese on toasted ciabatta served on a bed of mixed leaves tossed with honey dressing	
Tricolore Salad	£9.95
Layers of mozzarella cheese, avocado and tomatoes served on a bed of mixed leaves, dressed with lemon and olive oil	
Greek Salad	£9.95
Feta cheese, artichokes and olives, served on mixed leaves and rocket salad with olive oil and lemon dressing	

On The Side

French Fries	£2.95
Mixed Olives	£2.95
Mixed Salad	£3.50
Bruschetta	£4.95
Garlic Bread	£2.95
Garlic Bread with Cheese	£3.50
Hot ciabatta with olive oil	£3.95

Breakfast

(English Breakfast and The Big Breakfast are served all day)

English Breakfast	£5.95
Free range Egg, bacon, sausage, mushrooms, toast & grilled tomato or baked beans	
The Big Breakfast	£7.50
Two bacon rashers, Two sausages, Two free range eggs, grilled tomato, beans, mushrooms, hash brown and toast	
Eggs Benedict	£6.95
Toasted granary bread topped with ham, two poached Free range eggs and hollandaise sauce	
Eggs Royale	£6.95
Toasted granary bread topped with two poached Free range eggs, smoked salmon and hollandaise sauce	
Eggs Berbers	£6.95
Poached Free range eggs, on slow cooked tomato and mixed pepper ratatouille	
Two poached free range eggs	£5.25
Served on two slices of granary toast	
Avocado and Poached eggs	£6.95
Two poached Free range eggs on toasted granary bread with avocado, lemon juice and extra virgin olive oil	
The Vegetarian Breakfast	£6.25
Free range Egg, hash browns, tomato, beans, mushrooms and buttered toast	
Smoked Salmon & scrambled eggs	£6.95
Served on two slices of granary toast	
Croissant or Pain Au Chocolat	£2.00
Two slices of white or granary toast	£2.00

Extras

Bacon or Sausage £1.00 - Beans, Tomatoes, Mushrooms or Hash brown 90p - Preserves 50p each

Toasted Wraps

All served with salad

		T/A
The Famous	£5.95	£4.00
Filled with spicy chicken, houmous & cheddar cheese		
The Provencale	£5.95	£4.00
Filled with Roasted vegetables, houmous & cheddar cheese		
The Falafel	£5.95	£4.00
Filled with falafel, tahini and salad		

Traditional Baked Potatoes

All served with generous salad garnish

		T/A
Grated Cheese	£5.95	£3.95
Baked Beans	£5.95	£3.95
Chilli Con Carne	£5.95	£4.50
Tuna Mayonnaise	£5.95	£3.95
Bacon and Cheese	£6.95	£4.50
Prawn Marie Rose	£6.95	£4.50
Cheese and Coleslaw	£6.95	£4.50
Extra Filling	£1.00	£0.60

Crêpes

All served with generous salad garnish

Crêpes aux Champignons	£7.95
Pancakes filled with mushrooms and cheese sauce	
Crêpes aux Épinards	£7.95
Pancakes filled with spinach and cream	
Crêpes à la Dauphinoise	£7.95
Pancakes filled with ham, walnuts and cheese	
Crêpes au Poulet	£7.95
Pancakes filled with chicken, mushrooms and cream	

Desserts

Orange and Almond Cake	£4.25
Lemon and Yogurt Cake	£4.25
Chocolate, date and Walnut Cake	£4.25
Sweet Crêpes	£4.25
Lemon, sugar, chocolate and banana	
Honey, cinnamon and chocolate	
Selection of ice creams and sorbets	£4.25
Vanilla, chocolate, strawberry	